

Care Ministry Grocery Cupboard

The Care Ministry supplies “love packs” to many people in our congregation.

A lot of people find they really want to contribute but for various reasons are not able to.

That is why the grocery cupboard was started.

The grocery cupboard is a wonderful alternative for those who are not able to support the love pack ministry.

All who want to help; can; by donating items such as

- Grocery cupboard items with a long shelf life
- Toiletries
- Cleaning products

Donated items can be placed in the basket provided, or ask the door stewards for assistance.

This is an ongoing requirement; please continue to support this cause

SHOPPING LIST

Items in need / short supply:

- Oats
- Sugar
- Soup (packets)
- Long life milk
- Canned fish / meat
- Pap (maize meal)
- Biscuits / dry salty crackers
- Other items needed:
- Tea
- Cereals
- Oil
- Instant noodles
- Canned foods
- Canned fruits
- Soup (tins)
- Jam / honey /spreads /syrup
- Peanut butter
- Sauces and Condiments
- Mayonnaise
- Dish washing liquid
- Washing powder: hand or auto
- Laundry soap
- Toothpaste
- Bath soap
- Cleaning products

When purchasing goods with an expiry date; please check the date.